



THE VILLAGE PEOPLE

the official newsletter of uccs residence life & housing | SUMMER 2022

a message from the Chancellor

Dear students,

Welcome to UCCS! You are officially part of the Mountain Lion Family, and the newest members of our on-campus housing community. We're so glad you're here.

By joining one of our campus villages, you've chosen more than just a place to live. You have also chosen to live in a community with fellow Mountain Lions, to learn and grow together, and to deeply engage with campus life. Your community will support you in your goals, open your eyes to new perspectives, and inspire you to new heights.

We continue to remain committed to success: your success. Our goals are to help you grow both academically and personally during your time at UCCS. As part of this growth, we will encourage you to reach out to those who have similar interests to you – and also to those who may seem very different. Some of the best lessons you can learn are from people who think and believe differently from you. They will become part of your life-long learning journey.

In the coming weeks, you'll be invited to a number of events designed to help you meet others and learn about UCCS. These are the first steps to building the community that will be yours for the next few years, and creating memories that will last a lifetime. I encourage you to attend these events. Say hello to someone you don't know. Be open about your goals and aspirations, and support those you meet in achieving their own. We look forward to sharing more about UCCS' past and present with you – and we are even more excited to have you be a part of our future.

Welcome to UCCS, to University Housing, and to the first steps towards building your successful future.

Sincerely,



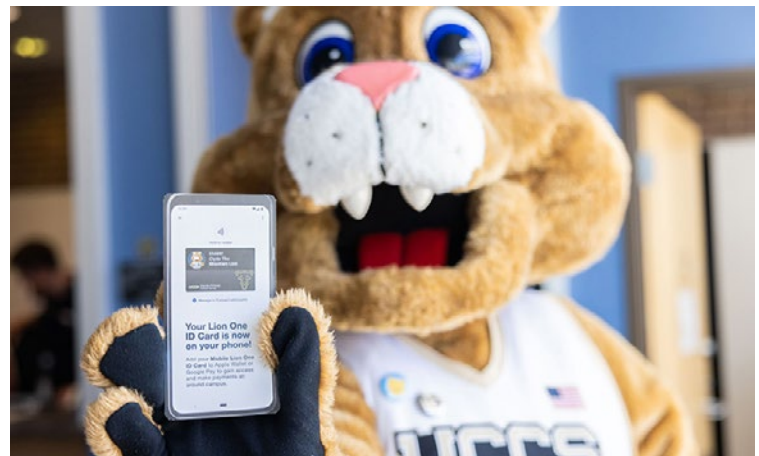
Venkat Reddy
Chancellor

What should I bring?

- Twin Extra Long Sheets
- Posters and pictures
- Poster putty, thumb tacks, 3m hangers
- Mini fridge and microwaves (not necessary for Copper House). Work with your roommates to see what everybody is bringing
- Laundry and cleaning supplies
- Alarm clock
- Toiletries including toilet paper
- Electronics (TV, computer, game systems)
- Face coverings
- Thermometer
- Over the counter medications for illness and injury relief

Leave at home?

- Pets (except fish that can live in a 10 gallon aquarium or less)
- Appliances with an open coil or designed for induction cooking
- Toasters
- Candles or anything with an open flame
- Halogen lights
- Amplifiers for instruments
- Quarters for laundry (laundry is included)
- Extension cords (surge protectors are good)
- Fire hazardous materials (propane grills etc.)



Your Lion One Card is now on your phone! Visit the Info Desk or liononecard.uccs.edu for more info.

UCCS Bookstore



Village People Exclusive Coupon

15% OFF

One Regularly Priced Spirit Wear Item

*Expires December 31, 2022. No cash value.
Cannot be combined with other offers.*

UCCS BOOKSTORE COUPON

The Bookstore is THE place to buy or rent your textbooks! Competitively priced and extremely convenient, our staff can help you figure out exactly what textbooks you need for your classes. From snacks and spirit wear to school supplies and electronics accessories, we've got everything you need, all in one place.

This semester, we are also offering FREE delivery to students living on campus. Skip the line and avoid the crowds with this convenient and safe option, and we will even throw in a 15% off deal with your textbook deliveries - just bring in your delivery receipt, and get 15% off an entire order of UCCS-branded apparel! This deal applies to deliveries made to both on-campus and off-campus addresses.

Also available: Chromebooks for all first-year students! Students interested in receiving a HP Chromebook x360 can sign up, and, once approved, pick it up in the Bookstore during a scheduled pick-up time or have it shipped to their mailing address. See right for details.

The Bookstore is located on the first floor of the University Center, or you can find us online at uccsbookstore.com



Chromebooks for All Students



We Want to Fuel Your Success.

Technology has become one of the most important educational tools a student can have. So UCCS is providing all undergraduate and graduate students a Chromebook for the duration of their UCCS academic career. Visit laptop.uccs.edu for details!

How to Claim Yours:

- 1 Register for classes**
You will need to register for at least 12 credit hours (undergrads) or 5 credit hours (graduate students) to be eligible to receive a Chromebook.
- 2 Fill out an application**
Visit laptop.uccs.edu to fill out a form. You will receive an email within 2 business days.
- 3 Claim your Chromebook**
Once you receive the approval email, schedule a pick-up at the Bookstore, or have it shipped to you.

UCCS Copy Center

located in the Bookstore
copycenter.uccs.edu
(719) 255-3213

DON'T BRING A PRINTER TO CAMPUS!

PAW PRINTS is the name of your student printing service

There are now 36 copiers around campus that will support your printing needs. Visit <https://uccs.me/pawprints> for details.

Dining and Hospitality Services

Residential Dining has two locations, Roaring Fork in the Alpine Village and The Lodge in Summit Village. Hours of operation, menus, and nutritional information can be found at dining.services.uccs.edu/locations-and-menus. We will highlight a number of special meals and events on our homepage calendar: dining.services.uccs.edu.

Visit our web page for current news and information, dates and times for special events, employment information, meal plan options, sustainability practices, and contact information. You will also find our Residential Dining menus along with nutritional information through the Net Nutrition portal. In Net Nutrition, you can plan your plate to check your nutritional intakes. Follow @MountainLionLife on Instagram or Facebook to stay connected!

Some things to know about DHS:

- Check the DHS homepage calendar for dining events at The Lodge, Roaring Fork, and Clyde's Gastropub.
- Food allergies? Contact the Dining General Manager Heath Wagner at hwagner2@uccs.edu

Learn more at: dining.services.uccs.edu

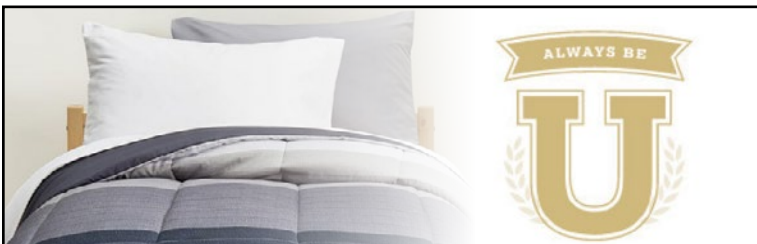
Follow us at: [instagram.com/MountainLionLife](https://www.instagram.com/MountainLionLife) or [facebook.com/MountainLionLife](https://www.facebook.com/MountainLionLife)



Need a Job?

DHS is the largest student employer on campus! Visit seans.uccs.edu or contact Joshua Hedrick at 719.255.4178 or jhedric2@uccs.edu to apply.

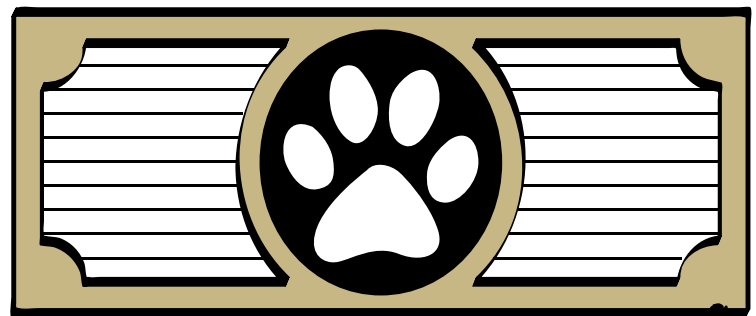
Don't forget: you will need your passport or social security card to fill out new hire paperwork. Not having these could set you back by a couple weeks of getting your first paycheck!



The Residence Hall Linens Program has EVERYTHING you need to deck out your new room when you get to campus. Your order arrives neatly packed and ready for move-in, at low prices and full of value!

Order at uccs.ocm.com or call 800-957-4338

University Endorsed – Guaranteed Til Graduation



CLYDE'S CASH

Save Money & Eat Well on Campus

Pre-load Clyde's Cash onto your Lion One Card for on-campus dining purchases! Learn more at dining.services.uccs.edu or stop by the UC Info Desk for additional information. Clyde's Cash is accepted at Clyde's, Café 65, Roaring Fork, The Lodge, Hybl Café, Alpine Express, and all on campus coffee shops.

Gallogly Recreation and Wellness Center

Campus Recreation

719-255-7515

recwellness.uccs.edu/campus-rec

Instagram: www.instagram.com/uccsrec

UCCS Campus Recreation provides a variety of programs, facilities, and services to meet the diverse needs of our campus community.

Welcome to Campus Recreation! We are excited to share all the opportunities we offer to support student's wellbeing, development, and engagement. The Gallogly Recreation and Wellness Center provides a collaborative approach to holistic wellness in a state-of-the-art LEED Gold certified facility. The Recreation Center features 4 gymnasium courts, an indoor track, fitness center with state-of-the-art cardio and strength equipment, 2 group fitness studios, a Moonboard for more advanced climbers, SOLE Center featuring a 27-foot climbing and bouldering wall, and an aquatics center with a 4 lane 25-yard lap pool, leisure pool, vortex, water slide, and a 20-person hot tub. Campus Recreation facilities are available to all enrolled fee-paying students as well as faculty, staff, affiliates, and alumni via a Campus Recreation membership.

Employment

Campus Recreation hires over 100 students annually to support our operations and programming. If you are interested in gaining valuable transferable skills (teamwork,

decision making, communication, technical knowledge, prioritizing work, customer service, certifications) come join our team today! All Campus Recreation positions will be posted on our website and SEANs Place.

Alpine Field

Campus Recreation opened Alpine Field in the Fall of 2014, an 85,000 SF artificial turf field atop a five-story parking garage that serves intramural leagues and tournaments, club sports functions, and drop-in recreational users.



Campus Recreation Programs

Housed within the Rec, Campus Recreation staff oversee recreational programs and services which include the following:

• Intramural Sports:

Offers a wide variety of recreational and competitive opportunities through team, dual and individual events and leagues; including basketball,



• Club Sports:

Offers a diverse number of student-led teams that offer instructional, recreational, and competitive sport opportunities for UCCS students.



Club Sports currently offers 18 active clubs including, Clay Target, Cycling, Dance, Equestrian, eSports, Figure Skating, Ice Hockey, Soccer (M and W), Swim, Tennis, Volleyball (M and W). Be a part of a strong tradition and gain valuable leadership and sport skills.

• Fitness and Conditioning:

Offers a variety of programs

and services designed to help you stay active and health.

Fitness offers Group Fitness Classes, Personal Training, Fitness Assessments and Body Compositions.

Can we add Fitness Buddies? To get involved check out the Group Fitness Class Schedule, our Personal Training Packages (individual or partner), and Fitness Assessment packages at the Campus Recreation website.

• Student Outdoor Learning Experience (SOLE):

The Student Outdoor Learning Experience is a great place to find your adventure and enjoy the outdoor beauty of Colorado.

SOLE offers a wide variety of outdoor adventures including hiking, backpacking, mountain biking, skydiving, rafting, rock climbing, skiing/snowboarding, paddle boarding, and much more! SOLE provides certification and instructional opportunities including wilderness first aid, leave no trace, a learn-to-climb series, and bike maintenance workshops. If you want to create your own adventure SOLE provides a bicycle tune-up and ski/snowboard shop, outdoor equipment rental, and resource center where you will find maps, trip planning resources and much more.

• Aquatics and Safety:

Offers students the opportunity to swim laps, enjoy the slide, or just come in to relax in the hot tub. Aquatics provides a variety of programming including swim lessons (private, semi-private or group), certification training in CPR/First Aid and Lifeguarding, and aquatics events (Dive-in Movie, Log Rolling, etc.).

• **Special Events:** Offers a wide variety of campus events to engage and build community for UCCS students. Come join us at RecFest Wednesday, August 17th from

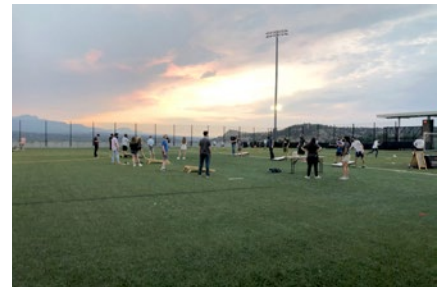


6:30-9:30pm for a fun-filled evening of activities, prizes, and food! Then join us for Family Weekend October 14-16 for an exciting weekend of activities for the whole family.

• Trails System:

Campus Recreation supports and maintains over 12 miles of formalized trails through campus for all to enjoy the beauty and surroundings.

Lace up your shoes and take a hike throughout the campus and enjoy the amazing views!



The Wellness Center

Whether you are new to campus or returning, this is a great time to check that you are on track for a healthy, successful transition to school. Research shows that habits

developed in college help determine lifelong health habits. This is your chance to build your own healthy lifestyle, make well-informed decisions to optimize your brain and body function, and be successful!

The Wellness Center health services providers are here to assist you with preventative health care such as physicals and immunizations, acute care visits for injuries and illnesses, medication management, sleep issues, along with many other health and wellness services.

Being a student can be difficult for new and returning students alike. The mission of the Wellness Center mental health services staff is to help students be successful when personal or psychological matters are complicating or interfering with their academics.

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Services include individual therapy, couples therapy, family therapy, group sessions, crisis/emergency interventions, and consultation sessions for concerned friends/roommates/instructors. The Gateway Guide program is available to help freshmen who are struggling with transition issues. This program provides up to three hours of teaching and practicing skills that will help students be successful at UCCS.

Immunizations

Colorado State Law mandates that all students provide a copy of documentation from a health care professional of two measles, mumps, and rubella (MMR) immunizations, a copy of proof of immunity by blood lab tests for all three diseases, or request an exemption from the law on non-medical or medical grounds. Forms must be uploaded to uccs.medicatconnect.com by census date to avoid a hold being placed on your student account. Housing students must also upload proof of receiving a meningococcal vaccination (MenACWY) or booster within the past five years, or sign the Mandatory Meningococcal Disease Information waiver form prior to move-in.

We also recommend students living on campus talk with their provider about receiving a meningococcal B vaccine, but it is not required by law.


[Click here for additional information on meningococcal vaccinations.](#)



The Wellness Center also offers visits with registered dietitians, massage therapists, chiropractors, and physical therapists at a reduced cost.





During the current COVID-19 pandemic, we ask that students immediately contact the Wellness Center if they are experiencing any COVID-like symptoms. The Wellness Center offers COVID-19 testing and works closely with Residence Life and Housing staff to coordinate self-isolation and self-quarantine of students living on campus. Individuals who have completed their vaccination series will not be required to quarantine following a COVID exposure. Unvaccinated individuals who test positive or are a close contact of a positive case will continue to be moved to an isolation or quarantine room or may return home for the duration of that time. While it is not required, we recommend uploading COVID vaccine records to uccs.medicatconnect.com to assist with our contact tracing process. For more information about COVID-19 please visit covid19.uccs.edu.

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connected at UCCS

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Clyde's Kickoff Events

THE VILLAGE PEOPLE

SUN Aug 14	Stuff-a-Stuff 7-9pm San Juan Quad
Mon Aug 15	DIY Lotion Bar 10am-12pm, 2-4pm Summit Turf UCCS Under the Lights 7-9:30pm Alpine Field
TUE Aug 16	Club and Organization Field Day 1-4pm Alpine Field Feast at the Fork 4:30-6:30pm Roaring Fork and San Juan Quad Ice Cream Social 7-9pm Summit Turf and San Juan Quad
WED Aug 17	Commuter Social 12-2:30pm Upper Plaza PlayFair 3-4:30pm Gallogly Events Center & Berger Hall Feast at the Fork 4:30-7pm Roaring Fork RecFest 6:30-9:30pm Recreation and Wellness Center
THU Aug 18	Dating Doctor 8-10:30pm Berger Hall
FRI Aug 19	UC Premier Night 7:30-9pm University Center Crave Rave Bingo 9pm-midnight Berger Hall
SAT Aug 20	Class of 2026 Activism Project 10am-12pm Kettle Creek Afternoon Excursions 1-5pm Cheyenne Mountain Zoo, Summit Bowling, Manitou Springs Movie Madness 8-10pm Summit Turf Class of 2026 Talent Show 10:30pm-midnight Berger Hall

We are updating the schedule as we get more info!
See the latest updates on [Mountain Lion Connect](#)

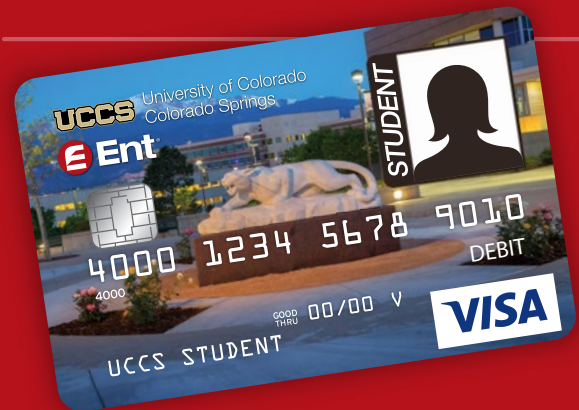
Questions? Contact ResLife at:

residence.uccs.edu | facebook.com/UCCSreslife
housing@uccs.edu | 719-255-4042

Mailing address: **Residence Life and Housing**
1010 Austin Bluffs Pkwy
Colorado Springs, CO 80918

UCCS Residence Life and Housing
UNIVERSITY OF COLORADO COLORADO SPRINGS

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easiest way to
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campus.**



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debit card that doubles as
your student ID.

Get the exclusive UCCS design at
the Ent service center on the first
floor of the University Center.



Learn more at Ent.com/UCCS

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